

## Rectal luminal $P_{rCO_2}$ , measured by automated air tonometry, does not reflect gastric luminal $P_{rCO_2}$ in children

MARKUS WEISS, ACHIM SCHMITZ, BETTINA SALGO, and ALEXANDER DULLENKOPF

Department of Anaesthesia, University Children's Hospital, Steinwiesstrasse 75, CH-8032 Zurich, Switzerland

### Abstract

Rectal luminal regional  $P_{CO_2}$  ( $P_{rCO_2}$ ) was compared with gastric luminal  $P_{rCO_2}$  measured by automated air tonometry at intervals of 10 min in 20 children aged 6–16 years scheduled for elective surgery under general anesthesia. In 5 patients, measurement of rectal  $P_{rCO_2}$  failed because of catheter-related problems. In the remaining 15 children, aged  $10.6 \pm 2.5$  years,  $19 \pm 7$  paired rectal and gastric  $P_{rCO_2}$  values ( $n$  total, 241) were measured. Bias and precision for gastric compared to rectal  $P_{rCO_2}$  was  $-1.79$  kPa and  $2.89$  kPa. In patients with obvious feces in the rectum, bias (precision) for gastric compared to rectal  $P_{rCO_2}$  was  $-2.7$  kPa ( $2.6$  kPa) and in those with empty rectum,  $-0.75$  kPa ( $1.42$  kPa;  $t$ -test;  $P < 0.001$ ). Based on our in vivo data, rectal luminal  $P_{rCO_2}$ , measured by automated air tonometry, does not reflect gastric luminal  $P_{rCO_2}$  in children. Enteral luminal gas production within feces in the rectum seems to be a major source of this disagreement.

**Key words** Tonometry · Gastric · Rectal · Children

Measurement of gastric luminal  $P_{CO_2}$  using tonometry represents a minimally invasive method to assess the adequacy of gut blood flow and splanchnic mucosal perfusion [1–4]. Automated continuous gastric air tonometry has been reported to detect circulatory failure earlier than conventional hemodynamics after cardiac surgery, and represents a simple method to continuously monitor gut perfusion in critically ill patients [3]. Recently, Bichel et al. [5] reported on the high sensitivity of gastric intramucosal pH for predicting outcome in pediatric cardiac surgery.

However, insertion of the currently available pediatric gastric tonometry catheters is often difficult, necessi-

tating additional direct laryngoscopy; also, the feeding lumen is not sufficient to drain gastric fluid, and, during cardiac surgery, with manipulation of the transesophageal echocardiographic probe, the thin tonometry catheter may easily displace or kink.

In the present study, our purpose was to compare rectally measured luminal  $P_{CO_2}$  in children, using air tonometry, with gastric luminal  $P_{CO_2}$ .

With approval of the Hospital Ethics Committee and after obtaining written parental consent, 20 children, aged 6–16 years scheduled for elective orthopedic surgery under general anesthesia, with or without lumbar catheter epidural anesthesia, were included in the study.

After endotracheal intubation, a 14-Fr and an 8-Fr tonometry catheter (Tonometrics Catheter; Datex Ohmeda Division, Helsinki, Finland) were inserted oro-gastrically and rectally, respectively, and connected to two different air tonometers (TONOCAP; Datex-Engstrom, Tonometrics Division, Helsinki, Finland). Correct gastric placement of the catheter tip was confirmed by auscultation and aspiration of gastric fluid. The rectal catheter was inserted guided by a finger, after the application of lubricating gel, and was taped to the thigh afterwards. Care was taken to place the catheter balloon proximal to the rectal sphincter muscle, by applying a safety mark 5 cm proximal from the proximal end of the catheter and inserting the catheter until the mark was placed at the level of the sphincter muscle. The absence or presence of feces in the rectum was noted in each patient, depending on obvious feces on the examination glove after the catheter had been inserted. The two TONOCAP devices used in the study were calibrated, using Datex calibration gas with 5%  $CO_2$  content, according to the manufacturer's instructions, and were used in randomized order between subjects. Rectal and gastric regional  $P_{CO_2}$  ( $P_{rCO_2}$ ) values were noted at intervals of 10 min after obtaining steady-state values. Rectal and gastric  $P_{rCO_2}$  values were com-

Address correspondence to: M. Weiss

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**Table 1.**  $P_{rCO_2}$  values in children undergoing general anesthesia for orthopedic surgery

	All	+ Feces	- Feces	+ Epidural anesthesia	- Epidural anesthesia
Patients ( <i>n</i> )	15	8	7	8	7
Mean $P_{rCO_2}$ (kPa)	6.15	6.81	5.41	6.31	5.96
SD $P_{rCO_2}$ (kPa)	1.5	1.79	0.40	1.93	0.71
Bias gastric-rectal $P_{rCO_2}$ (kPa)	-1.79	-2.70	-0.75	-1.89	-1.66
Precision gastric-rectal $P_{rCO_2}$ (kPa)	2.89	2.60	1.42	3.27	2.35
95% Limits of agreements of $P_{rCO_2}$ (kPa)	3.26–9.04	4.21–9.41	3.98–6.83	3.04–9.58	3.62–8.31
<i>n</i> measurements	241	128	113	130	111
<i>t</i> -test		$P < 0.001$		$P = 0.263$	

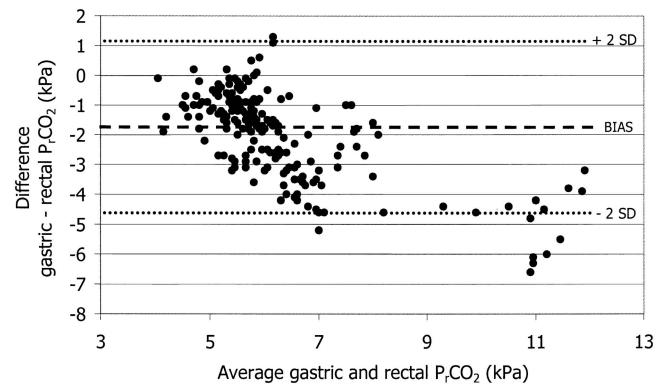
Bias (mean difference) and precision (2 SD of the difference) of gastric compared to rectal  $P_{rCO_2}$  measurement are shown, as well as comparisons of gastric and rectal  $P_{rCO_2}$  in patients with and without feces in the rectum and of patients with or without epidural anesthesia (combined with general anesthesia)



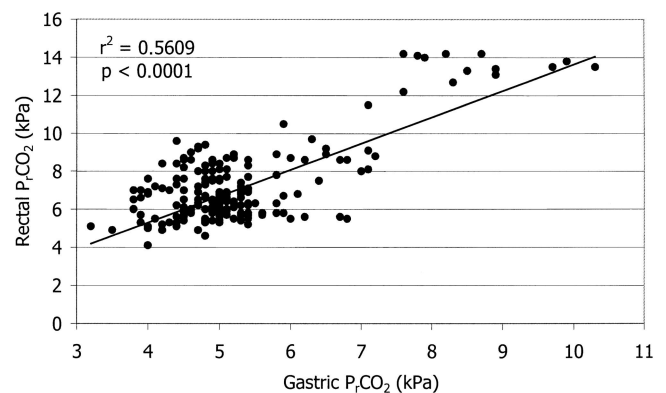
**Fig. 1.** Intraoperative X-ray of a rectally inserted 8-Fr tonometry catheter with kinking during orthopedic surgery, causing catheter alarm on the air tonometer device and failed assessment of regional  $P_{CO_2}$  ( $P_{rCO_2}$ )

pared using Bland-Altman bias analysis and linear regression analysis. Paired two-sided Student's *t*-test was used to compare subgroup values from patients with obvious feces in the rectum to values from patients without obvious feces in the rectum and to compare values from patients with and without epidural anesthesia. A *P* value of less than 0.05 was considered statistically significant.

In 5 patients, measurement of rectal  $P_{rCO_2}$  failed because of catheter-related problems, most of them due to obstructed sampling of the lumen caused by catheter kinking (Fig. 1). In the remaining 15 children, aged  $10.6 \pm 2.5$  years,  $19 \pm 7$  paired rectal and gastric  $P_{rCO_2}$  values (*n* total, 241) were measured (Table 1). Gastric  $P_{rCO_2}$  values ranged from 3.2 kPa to 10.3 kPa, and rectal  $P_{rCO_2}$  values ranged from 4.1 kPa to 14.2 kPa. Bias (mean difference) for gastric compared to rectal  $P_{rCO_2}$  was -1.79 kPa and precision (2 SD of mean difference) was 2.89 kPa, with a trend to larger differences with

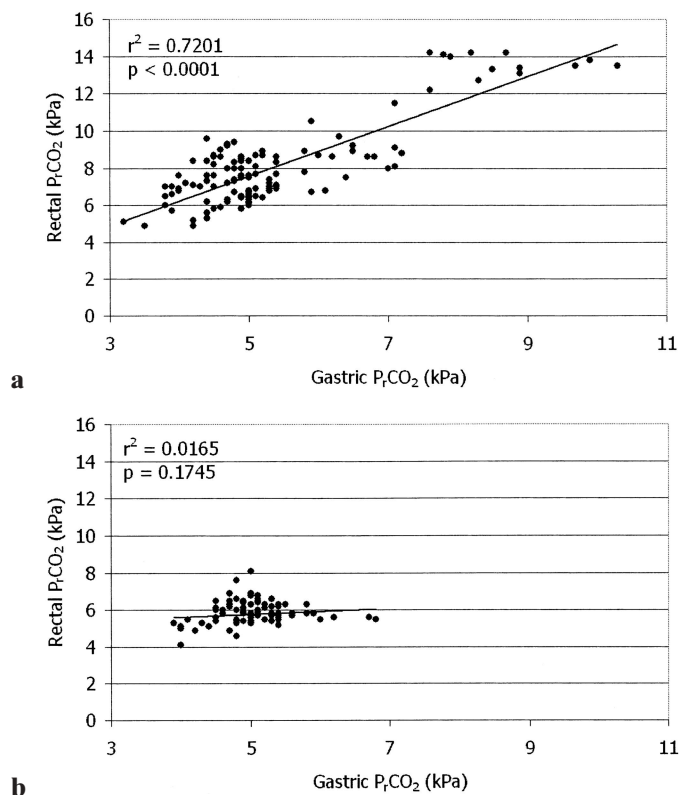


**Fig. 2.** Bland-Altman plot for the comparison of gastric and rectal  $P_{rCO_2}$  in 15 patients (*n* = 241 measurements)



**Fig. 3.** Linear regression diagram for the comparison of gastric and rectal  $P_{rCO_2}$  in 15 patients (*n* = 241 measurements)

higher  $P_{rCO_2}$  values (Fig. 2). No relevant correlation was found between tonometrically measured gastric and rectal luminal  $P_{rCO_2}$  ( $r^2 = 0.561$ ;  $P < 0.0001$ ; Fig. 3). Intraindividual bias ranged from -4.77 to -0.33 kPa, and precision ranged from 0.29 to 3.32 kPa. In patients with obvious feces in the rectum, bias (precision) for gastric compared to rectal  $P_{rCO_2}$  was -2.7 kPa (2.6 kPa) and in those with empty rectum, -0.75 kPa (1.42 kPa) (*t*-test;



**Fig. 4.** Linear regression plots for the comparison of gastric and rectal  $P_{rCO_2}$  in **a** patients with rectal feces ( $n = 8$ ) and **b** without feces ( $n = 7$ );  $n = 128/113$  measurements

$P < 0.001$ ). Simple regression plots for the comparison of gastric and rectal  $P_{rCO_2}$  in patients without and with rectal feces are shown in Fig. 4. No significant difference in the gastric to rectal  $P_{rCO_2}$  was found for patients with ( $n = 8$ ) and without ( $n = 7$ ) continuous epidural anesthesia ( $P = 0.263$ ).

The first clinical studies on monitoring intestinal luminal  $P_{rCO_2}$  were performed in the sigmoid colon and have been reported to be even more specific for the prediction of major complications after abdominal aortic surgery than gastric intestinal pH [6,7]. Rectal insertion of a tonometry catheter is similar to the insertion of a rectal temperature probe, which is a standard procedure in pediatric anesthesia. In this way, rectal tonometry could be a noninvasive monitor of splanchnic perfusion in the patient at risk for global hypoperfusion [8] and a predictor of metabolic state and complications [5].

In this preliminary study, we compared gastric with rectal luminal  $P_{rCO_2}$ , using air tonometry, in children undergoing orthopedic surgery. The main finding was that there was no agreement between the two sites of measurements, with higher values for  $P_{rCO_2}$  in the rectal lumen than in the gastric lumen. Second, a larger dis-

agreement between gastric and rectal  $P_{rCO_2}$  was found at higher  $P_{rCO_2}$  values (Fig. 2). The second finding could probably explain the higher accuracy of bowel  $P_{rCO_2}$  compared to gastric  $P_{rCO_2}$  to predict major complications after abdominal surgery, whereas the main finding is related to feces in the rectum as an important source of  $CO_2$  production.

Gas in the intestine consists mainly of  $N_2$  (90%),  $CO_2$ ,  $O_2$ ,  $CH_4$  (methane), and trace gases [9]. Intestinal gas is mainly caused by swallowing air (5–10 ml per swallow), but only 400 ml passes to the intestine per day [10]. Bacterial fermentation of nonresorbable hydrocarbons and glycoproteins, which represent about 20% of the normal oral intake into the colon, leads to the production of  $CO_2$  [11, 12]. In young children, fermentation, particularly of raw starch, is a more rapid process than in adults [13]. Macfarlane et al. [14], have demonstrated significant inter-individual differences in fermentation reactions in different regions of the large bowel; namely, the cecum, colon, sigmoid, and rectum. These differences may have an impact not only on rectal luminal  $CO_2$  measurement but also on the results of sigmoid tonometry [6, 7, 15].

Based on our in vivo data, rectal luminal  $P_{rCO_2}$ , measured by automated air tonometry, does not reflect gastric luminal  $P_{rCO_2}$  in children. Enteral luminal gas production within feces seems to be a major source of this disagreement.

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